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## Dear Friends,

Last year over **500 people** living on the street needed to spend the night in the Winter Emergency Bed Program. They had access to beds, blankets, clothing, hot meals, and dedicated, experienced LTLC case managers who solve homelessness.

This year we need \$80,000 in donations to keep this **life saving and life changing** service operating.

Please join our mission to save lives: Operation Safe Winter [#safewinterlowell](https://www.facebook.com/safewinterlowell)

## How you can help

- [Donate](#)
- Be a [Winter Sponsor](#) (email [wintercampaign@ltlc.org](mailto:wintercampaign@ltlc.org) for levels)
- Purchase your [holiday cards](#) from LTLC this year
- Attend the [Rock 'n Roll Getaway](#) this February



Troix ready to pass out care packs of waterproof gloves and other winter wish list items donated and assembled by an anonymous company in Chelmsford MA.

### Winter Emergency Bed Program FAQ:

[ltlc.org/winter-emergency-bed](http://ltlc.org/winter-emergency-bed)



## Operation Safe Winter

#safewinterlowell

Our Winter Emergency Bed Program is in full swing.

*This year we're happy to be able to provide showers and laundry for our guests. Doors open at 7pm.*

*Breakfast is served and open to the public at 6:30am.*

*Please help us provide wish list items.*

*-Troix Bettencourt, Winter Emergency Bed Team Lead*

### Merrimack Valley Mobilizing to Keep People Warm:

**School Supporters:** Billerica Memorial, Innovation Academy, Valley Collaborative, Lowell Catholic, Hillside, Westford Academy football)

**Winter Wish List Donors:** Clarendon Early Education, JDCU MSC DEPT, DCF office, St. Malachy Burlington, Good Shepherd Acton, Suzanne Richardson

**Winter Event Sponsors:** Fallon Health, Gilbride Electric, Gannon CPA, WNA

**Shower Wish List:** Polka Dot Powerhouse, Made in Lowell

**Amazon Wish List Gift Givers:** Evangeline Bates, The Shelton Family, Sarah Laflamme

## Community Health Initiatives Grant Awarded to LTLC

Thanks to the Community Health Initiatives Grant awarded by the Greater Lowell Health Alliance, LTLC is integrating a **recovery coaching program** in 2017-2018. What **RECOVERY** means:

Recovery is defined by SAMHSA as a *"process of change through which individuals improve their health and wellness, live self-directed lives, and strive to reach their full potential."*

Recovery coaching allows a path forward for individuals whose struggles with substances have caused them to lose economic and social supports and become homeless.



***"A program that focuses on an individual's recovery in a nonjudgmental fashion and with a keen awareness of the pitfalls of early recovery in a shelter environment will help ensure better success for our clients. As a result of this program we expect to see; a reduction in harmful behaviors, greater success at improving basic outcomes including reducing length of shelter***

***stay, reduction of relapse, better adherence to treatment planning and more successful completion of referrals to substance abuse services." - Jayde Campbell, LTLC Executive Director***

## Winter Donation Kick Off Good Shepherd Church of Acton

Last month I was invited to spend the day with Ellie & Charlie at Church of the Good Shepherd in Acton, MA. Ellie was leading "Undies Sundays" to help LTLC clients and starting a donation basket for the Winter Emergency Bed Program. I learned that for years Good Shepherd has been supporting WEBP, and in 2015 made a donation to pay for all new cots.

Father Gareth Evans led me through the process of speaking to the congregation and asked me to talk about why I support the shelter. I talked briefly about the first time I visited LTLC to spend time volunteering and rethinking my path. I realized right away that this was an opportunity to take all the negatives from life and turn them into positives. I started by working at the front desk and Winter Emergency Bed Program before becoming Development Assistant, and now, Development Manager.

Sharing at Good Shepherd was a beautiful experience for me, and I'm so grateful to their hospitality. The donation basket eventually topped over somewhere over \$3,200... What a positive way to start planning for winter! Thank you so much. *-Crystal Rose McCarthy*



**LTLC Development Manager,  
Crystal McCarthy**



Ellie and George visiting Lowell Transitional Living center in November.

## Winter Volunteer Opportunities

### Donation Center

is our biggest volunteer need this year.

We need groups to help handle the huge increase in donations this time of year. Ideal groups are 5-10 people aged \*14 and up. Every Saturday afternoon. Weekdays can be scheduled for school groups and companies.

**Kitchen volunteers** are needed all year, but Christmas Eve and Day we're lucky enough to already have enough volunteers. Our meals calendar is online for groups willing to visit on a different day: [ltlc.org/volunteer-activities-calendar](http://ltlc.org/volunteer-activities-calendar). Ideal group size is 3-5 people, \*14 or older, and strongly encouraged to donate the meal.



**Holiday Helpers:** Individuals and groups looking for special holiday related volunteer opportunities are encouraged to **contact us** directly about your schedule and how you'd like to help. We are working on scheduling **gift giving days**, a **Winter Wellness night**, and a **shelter decorating day** for the month of December.

**Building Projects** are also needed all year, and are ideal for large groups with special handy skills.

**Drives & Fundraisers** are a great way to involve younger supporters, very large groups, and people with limited availability and time to volunteer but want to give. We can help with ideas and get you started!

\*NEW OPPORTUNITY FOR KIDS: **Sell LTLC Christmas cards!**



Contact [volunteer@ltlc.org](mailto:volunteer@ltlc.org). \*volunteers who are under 18 must have adult supervision.



Donation Center is a great teambuilding volunteer experience for groups like Lowell Catholic faculty.

## Winter Events

Gift Wrapping & Holiday Movie  
Saturday, December 16th, 12pm-4pm

On Saturday, December 16th, [Mill No. 5](#) will host its' annual holiday marketplace, *It's a Wonderful Marketplace*, where LTLC volunteers will be making your gifts look gorgeous at the LTLC Gift Wrap Station during the market.

Join us for *It's a Wonderful Life* at The Luna Theater at 2:05pm (located right inside Mill No. 5).



Tickets are \$5 and are **available** now at [lunalowell.com](http://lunalowell.com).

Profits benefit LTLC's programs and services and will sell out fast!

## Cobblestone's Getaway Benefit for LTLC: Friday, February 2nd, 6pm-10pm

Support Lowell Transitional Living Center at a tropical themed party this winter to celebrate the Merrimack Valley community spirit of giving.

Tickets are limited and only \$30 each.  
Email [wintercampaign@ltlc.org](mailto:wintercampaign@ltlc.org) to order.

**6pm:** Tiki Cocktail hour with Hors d'oeuvres, tropical crudité platter, seafood pasta dish, and classic vacation themed music. Silent Auction bidding begins!

**7:30pm:** [Justin Goodrich](#) (acoustic oldies and original songs)



**8:30pm:** Live Auction

**9:00pm:** [Charlie Don't Surf](#) a tribute to the Clash

*~TROPICAL ATTIRE ENCOURAGED*

## Winter Wish List

Please visit <http://ltlc.org/wish-list/> where we keep our most wanted list up to date.

We also have an [Amazon Wish List](#) for those who would like to purchase a gift.

### Donation drop off:

The front desk 8am-6pm, 193 Middlesex Street (gray door), Lowell MA, 01852.

There is metered parking available on the street. You are welcome to use our parking lot by the side of the building on Saturday and Sunday.

**WHAT WE DON'T ACCEPT:** housewares, electronics, children's items, and furniture. We partner with HouseHold Goods to provide furniture, kitchen supplies, and other items to people moving into apartments and/or living in LTLC housing and ask that you donate there. Please check out this great resource for donating your **furniture, household goods, and electronics**: <http://householdgoods.org/other-organizations-2/>

*\*LTLC accepts all textiles in any condition, but items not on the [Wish List](#) are donated to the Epilepsy Foundation who makes donations to LTLC in return.*

## Holiday Cards

Designed by [EyeFormation](#) and printed on a 1933 printing press by [Sweet Pig Press](#).

Cards are \$25 for a pack of 6.

On sale now at Dress & Trouser at Mill No. 5, 250 Jackson Street, Lowell MA.

**Singles** can be purchased for a suggested donation of \$10 with "**A donation has been made in your honor**" stamp.

To order singles please email us:

[wintercampaign@ltlc.org](mailto:wintercampaign@ltlc.org).

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**You can request packs to sell at your church or business** (it's a great way for kids to get involved!).

**Contact us** for more information.





## Community Hope Network

Monthly Donations Making a Difference!

Even a small donation of only \$15 a month can change a person's day and keep someone from going a night without shelter.

**It's easy!** And it's a great way to make a social impact and fight homelessness and poverty. **Sign up** and you will be a member of our Community Hope Network. **Learn More**



***Donate Now or Sign up to make a Recurring Donation***

STAY CONNECTED



Lowell Transitional Living Center, 205-209 Middlesex Street, Lowell, MA 01852



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